



## Impact Case Study

**Title:** Acute Therapy Journal Club

**User testimonial:**

*“Every day in clinical practice we should be providing the best care we can with the evidence we have. The librarians provide vital support to allow us to explore articles and evidence to do that. We need to show evidence we are keeping up to date with current guidelines etc. The journal club also provides a safe space to discuss articles and practice for all levels of clinicians within our team. A monthly journal club provides motivation for the team to continue learning. The library service has been excellent right from the start when I approached them about starting a journal club from sourcing articles, securing a room, facilitating the session and providing notes regarding the discussion for later use. We really appreciate them, they are an excellent team to have supporting us at Bournemouth.”*

**Senior Physiotherapist, UHD**

**Challenge:**

*“I asked for support in setting up and leading a monthly acute therapy journal club. To facilitate our continuing education and keeping up to date with evidence through exploration of articles and practice is important for patient care and also can be used as evidence for revalidation. We need to ensure we are up to date with our practice and make sure we are using current evidence and the opportunity that a journal club provides is an excellent way to achieve this.”*

**Solution:**

The KLS team in collaboration with the Acute Therapy team agreed a suitable regular time to hold the journal club within the Library at Bournemouth. The Acute Therapy team created a MS Teams channel specifically for the journal club where the Librarian can upload

each month's journal article and discussion notes, and all members can share communication regarding the journal club. During the session, the Librarian will facilitate the session by delivering a short critical appraisal presentation highlighting key aspects of the article's study design and some of the statistics to look out for. Relevant CASP questions are then asked and the librarian will facilitate a discussion around implications for practice. A topic for the following month's journal club is suggested by participants. Ahead of the next session, the Librarian will conduct a literature search on the topic and will share an up-to-date article with the group.

### **Immediate and future Impact:**

*"The articles chosen are usually done so because of a clinical need or interest. It has provided us with impetus to learn and look for other articles"*

*"Continued education of therapy team and keeping staff motivated to learn and keep up to date with evidence".*

### **Success factors:**

The journal club has been running successfully for several years. It is a relaxed, open environment, where everyone can participate and share ideas if they would like to do so. Due to the timings of the session participants often bring their lunch and it has created a happy sociable space.

Questions asked by the Librarian regarding what implications the journal articles discussed may have for the Acute Therapy teams in their day to day practice within UHD creates opportunities to share best practice, ideas for quality improvement, and contributes to CPD.

### **Our Lessons learnt:**

The success of the journal club has required flexibility of the library team to timing changes, postponements due to clinical need and a good line of communication with the Acute Therapy Team. The team is large and diverse and is important to select topics that are relevant and inclusive, and this is done in collaboration with the participants.

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